

Massage treatments

We offer massage treatments by an experienced therapist. The massages will usually take place in our garden (you will be in the shade and cannot be seen by other guests), if the weather is not good, in your room.

❖ **Anti-stress & Relax massage**

*A Back-Neck-Shoulder massage, head Massage and foot reflexology. A medium pressure treatment that will take your tension away and leave you completely relaxed. **30 min. 40€ / 60 min. 70 €***

❖ **Aroma oil massage**

*A Therapeutic application of essential orange and lemon infused oils, which let you fully relax and enjoy. The oils act on a physical, psychological and emotional level and can alleviate stress and muscle pain. **60 min. 70 € / 75 min. 85 €***

❖ **Deep Tissue Massage**

*This treatment can be performed as a full body massage or by focusing specifically on problematic areas. The Deep Tissue Massage moves deep into the muscles, layer by layer. **30 min. 40€ / 60 min. 70 €***

❖ **Lomi-Lomi Massage**

*This massage works with long, sweeping strokes, that traverse the body, rolling across you like waves. This technique helps to move toxins out of the body. The treatment may be slow and relaxing or faster and more invigorating, depending on how your body responds. **60 min. 70€ / 90 min. 100 €***

